

**ASTHMA COALITION OF LOS ANGELES COUNTY  
GENERAL COALITION MEETING**

**Meeting Notes  
October 19, 2009**

ISSUE/TOPIC	DISCUSSION	ACTION/FINDINGS
<p><b>Welcome and Introductions</b></p> <ul style="list-style-type: none"> <li>• Review minutes</li> </ul>	<ul style="list-style-type: none"> <li>• The meeting was called to order at 1:32 pm</li> <li>• Much thanks to Arcela for providing lunch for the meeting</li> <li>• Everyone should have received a document summarizing the minutes, and self-assessment surveys from previous coalition meetings.</li> </ul>	
<p><b>Presentation: “Moving Forward with our Strategic Plan”</b></p> <ul style="list-style-type: none"> <li>• Strategic Plan Update</li> <li>• Areas of Focus</li> <li>• Workgroup Introductions</li> <li>• Next Steps</li> </ul> <p><i>By: Arcela Nunez-Alvarez, Dr. Robert Vinetz, Nancy Halpern Ibrahim, Carrie Nagy and Yolanda Cuevas</i></p>	<p><b>Focus of meeting:</b></p> <ul style="list-style-type: none"> <li>• Engage in conversation surrounding four topics (Schools, Clinical, Indoor/Healthy Homes and Outdoor air quality)</li> <li>• Look at ideas to help reduce health disparities</li> <li>• Address racial/ethnic and socioeconomic disparities - policy-related and/or political impact</li> </ul> <p><u>Strategic Planning Process</u>- we’ve been in the process for about a year</p> <p><b>Overall goals for ACLAC:</b></p> <ul style="list-style-type: none"> <li>• Increase access to healthcare</li> <li>• Improve indoor air quality</li> <li>• Improve asthma management in schools</li> <li>• Improve outdoor air quality</li> </ul> <p>- Important for ACLAC to be part of a statewide movement. – We hope to find ways to apply and implement everyone’s ideas.</p> <p><u>Dr. Vinetz’s (Overall Goals of Workgroups)</u> Recommendations of the workgroups included the ability to bring together certain areas of interest. The purpose of the workgroups were to help to coordinate activities that will push forward our agenda (policy, clinical, indoor, outdoor activities)</p> <p>Philosophical Framework - Each workgroup will try to:</p> <ul style="list-style-type: none"> <li>• Identity 3-5 objectives (short term, intermediate, long term)</li> <li>• Look at potential outcomes, funding implications, and policy.</li> <li>• Develop interventions and activities that are low cost, moderate cost and/or high cost.</li> </ul> <p><b>Pass the hat</b> – Donations from coalition members were collected in order to help pay for lunch/parking validation for meetings to come – funds will also help us get started with the coalition fundraiser. Total amount collected at meeting: <b>\$110!</b></p>	

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	<p><b>Workgroup Overviews:</b></p> <p><u>Nancy (Healthy Homes/Indoor Workgroup)</u> There are 12 healthy homes clinics that currently exist. Purpose of this workgroup will be to develop objectives and to begin to talk about best practice models, by utilizing the Health and Human Rights framework. They will also look at addressing toxins in the home, which increases problems associated with asthma.</p> <p><u>Carrie (Outdoor Air Quality Workgroup)</u> – Goal of this workgroup is to develop objectives and look and ways to help improve outdoor air quality.</p> <p><u>Yolanda (Schools Workgroup)</u> – Goal is to get anyone who has a passion working with children to improve asthma and their school settings to be part of this workgroup. Looking to enforce some of the policies that have been put into place.</p> <p><u>Dr. Vinetz (Clinical Workgroup)</u> – Purpose is to look at healthcare aspects both from preventive components as well as healthcare. Looking to work with everyone working in the healthcare field involved with asthma.</p> <p>Members were asked to select a workgroup for the breakout session.</p>	
<p><b>Breakout into Workgroups to Strategize</b></p> <ul style="list-style-type: none"> <li>• Clinical</li> <li>• Schools</li> <li>• Outdoor Air Quality</li> <li>• Indoor Air / Healthy Homes</li> </ul>	<p>Workgroups were given approximately 30 minutes to begin to brainstorm ideas/set next meeting date. Group leaders were asked to cover the following in the discussion:</p> <ul style="list-style-type: none"> <li>• Identify 3-5 measurable objectives (try to focus on policy work).</li> <li>• Brainstorm potential strategies to meet objectives.</li> <li>• What are the possible funding needs?</li> </ul>	
<p><b>Reconvene</b></p> <ul style="list-style-type: none"> <li>• Workgroups report back to the group</li> <li>• Discussion/Q &amp; A</li> </ul>	<p><b>Clinical:</b> Thought it would be helpful to bring in other clinical people, in particular the breath mobile program (mobile asthma clinic). They would like to see five vans out on a six-week circuit. Next meeting: Everyone will get together by teleconference at around 6:30pm. Date: TBD</p> <p><b>Schools:</b> This group would like to get PTA, school administration, ethnic organizations, and parents more involved. Some of the major issues addressed were: getting schools to utilize asthma action plans, allowing students access to emergency asthma medications, looking at kids exposure to outdoor air pollution – solutions: (air quality flag program, training PE teachers, and making sure kids with asthma are fit and controlling their asthma.</p> <p><b>Outdoor:</b> This group looked at developing policies to create more smoke free outdoor dining areas and parks as well as to tighten shipping regulations. They also want to start looking at bills and larger policies as well as with funding with community wellness. Next meeting: Conference call in November. Date/time: TBD</p> <p><b>Indoor:</b> The main focus of this group was to focus on educational outreach to tenants and</p>	

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	<p>educators. They would also like to find out people’s knowledge and understanding about certain policies by doing a need assessment. Funding ideas included: creating buildings that are more energy efficient, tobacco funding (smoke free housing)</p> <p>Next meeting: An email/Doodle survey will be sent out to determine when next meeting will be</p> <ul style="list-style-type: none"> <li>• <u>Overall feedback from workgroups:</u> Suggested that we recruit key figures (stars/athletes) to go out, raise money and promote our cause. One idea was to look for people who known physicians who treat “celebrities”.</li> </ul>	
<p><b>Announcements</b></p> <ul style="list-style-type: none"> <li>• <b>Asthma Coalition Fundraiser</b></li> <li>• <b>From the floor</b></li> </ul>	<p><b>Asthma Coalition Fundraiser:</b> Looking for more people to help/publicize it.  <u>Location:</u> San Antonio Winery – Every coalition member is encouraged to come as well as bring family/friends. We are currently looking for people who can sell crafts at the event (art, jewelry, etc.)  <u>Fundraising Committee-</u> Katie Van Cleave, Janet Scully, Yolanda Cuevas</p> <p><b>From the floor:</b></p> <ul style="list-style-type: none"> <li>• Physician Pediatric Resident at UCLA put together an Asthma Fact Sheet that was passed out to everyone at the meeting.</li> <li>• H1N1 Information– Flyers in English and Spanish were brought to meeting. County is hosting clinics (Oct-Dec). Those who are uninsured can go and get the vaccination.</li> <li>• Respiratory Rally hosted by the American Lung Association – Free event on November 20, 2009.</li> <li>• “Save the Date” 2010 Asthma Coalition Meeting flyers have been distributed</li> </ul>	

Recorded by Sarah Sayad